

ABSTRACT

The invention provides an optical short-circuit insert for accommodation in a plug housing, with a plug region with two mutually parallel optical fiber ends of an optical fiber portion. A curved region of the optical fiber portion, intermediate optical fiber ends, is guided in
5 an arc of 180 degrees. The optical fiber portion has a curved portion of a fiber consisting of multi-component glass with cladding or of a multi-conductor glass fiber with cladding, which is enveloped in a plastic carrier. An optical short-circuit plug with a plug housing enveloping a plug and a short-circuit insert capable of being pushed into it is also provided.